THE OREGON CLINIC

Catheterization/Stent Pre-Procedure Instructions

- **NPO**: Please do not eat or drink anything other than water after midnight (or at least 8 full hours).
- **If on Blood thinners (such as Warfarin, Xarelto, Eliquis, Pradaxa):** Hold for 3 days before procedure, unless instructed differently by your doctor.
- **If on Aspirin or Plavix or Effient or Brilinta**: Do not hold.
- **Diuretics** (Furosemide (Lasix), Hydrochlorothiazide (HCTZ), Torsemide (Demadex), Spironolactone (Aldactone): Hold the morning of the procedure.
- **Insulin:** ½ dose insulin the night prior to the procedure, no insulin morning of the procedure.
- **Diabetic Medications**: Please hold your diabetic medication the night prior or morning of the procedure.
- **Length of Stay:** You will probably be in the hospital for 5-6 hours. You may even need to spend the night at the hospital (if stent is needed) and might want to consider packing an overnight bag.
- **You will need a ride home.**

If you have any further questions, please give us a call at **503-692-0405**.