THE OREGON CLINIC

Pre-Procedure Instructions for Ablations

- **NPO:** Please do not eat or drink anything other than water after midnight.
- **Blood thinners:** Please **DO NOT** stop your blood thinner at any time unless instructed by your provider.
- **Other heart medications:** Please **DO NOT** stop your heart medications at any time unless instructed by your provider.
- **GLP1 agonists (Ozempic, etc.):** Must be stopped 1 week prior to ablation.
- **SGLT2 inhibitors (Farxiga, Jardiance, etc.):** Must be stopped at least 3 days prior to ablation.
- **Insulin:** ½ dose insulin the night prior to the procedure, no insulin morning of the procedure.
- **Diabetic medications:** Please hold your diabetic medication the night prior or morning of the procedure.
- **IF medication instructions are not followed, your procedure will likely be canceled on arrival.**
- **Length of stay:** Most patients go home the same day; however, we recommend you pack an overnight bag just in case you need to spend the night.
- **You will need a ride home, as you will be given deep sedation or general anesthesia for the procedure.**

If you have any further questions, please give us a call at **503-692-0405**.