

Instructions after Drainage of Perirectal Abscess

You have undergone a surgical procedure in the office for the drainage of a perirectal abscess. We suggest that you go home, get off your feet and do as little as possible in the way of physical activity for the rest of the day. An ice bag against the anal area may be helpful. The numbing medicine that we use generally wears off in 1 ½ to 2 ½ hours and at that time, you will experience some pain. Tylenol and Ibuprofen provide useful baseline pain control, but your doctor may have also prescribed an opiate pain reliever. If you take an opiate pain reliever, please be sure to take it with a stool softener as below. Pain is generally significantly improved 12-24 hours after drainage.

Tomorrow morning, you should get into a tub of warm water. After you have soaked for a few minutes, gently remove the dressing, which is tucked against the anal opening. If you had a strip of gauze packed into the wound, it should be removed the day after drainage. If it has fallen out, you do not need to replace it.

For the next several days, as healing takes place, you should take two or three warm baths (sitz baths) daily. You should also keep a cotton or gauze dressing tucked against the anal opening to absorb any drainage or bleeding. It is normal to have some bleeding and discharge from the wound for several weeks. Normal activities can be resumed as tolerated.

You should take a fiber supplement, such as Metamucil or Citrucel, every day. While taking opiates, or if constipated, also take a stool softener, such as MiraLAX (polyethylene glycol), 1-2 times daily. Drinking plenty of fluids will also help with constipation.

When do I call my surgeon?

Call your surgeon if you have any of the following symptoms:

- General increased rectal pain
- Fever of 101°F or higher
- Difficulty urinating
- Large amount of bleeding that does not stop (a tablespoon or so each day is expected for the first several days)

Notice of Availability

If you speak another language, free language assistance services and appropriate auxiliary aids and services are available to you. Let us know how we can help.

Spanish

Si usted habla español, hay disponibles para usted servicios gratuitos de asistencia de idiomas y dispositivos y servicios auxiliares adecuados. Infórmenos cómo podemos ayudarlo.

Vietnamese

Nếu quý vị nói Tiếng Việt, chúng tôi có sẵn dịch vụ hỗ trợ ngôn ngữ miễn phí cũng như các phương tiện và dịch vụ hỗ trợ phù hợp dành cho quý vị. Xin hãy cho chúng tôi biết cách chúng tôi có thể trợ giúp cho quý vị.

Chinese

如果您说 中文，我们可提供免费的语言帮助，以及适当的辅助援助和服务。请告知我们，您需要什么样的帮助。

Russian

Если вы говорите на русском, мы можем предоставить бесплатно помощь на вашем языке, а также и соответствующие вспомогательные средства и услуги. Сообщите нам, как мы можем помочь.

Korean

한국어 를 구사하시는 경우 무료 언어 지원 서비스와 적절한 보조 도구 및 서비스를 이용할 수 있습니다. 어떻게 도와드릴 수 있는 지 알려주세요.

Ukrainian

Якщо ви розмовляєте цією мовою: українська, то можете отримати безкоштовну допомогу й послуги, зокрема мовні. Повідомте нам, чим ми можемо допомогти.

Japanese

日本語を話される方は、無料の言語支援サービスや適切な補助器具やサービスをご利用いただけます。 私たちがどのようにお手伝いできるかお知らせください。

Arabic

إذا كنت تتحدث [العربية]، فستتوفر لك الخدمات المجانية بشأن المساعدة اللغوية مع المعونات الملائمة والخدمات المساعدة. دعنا نعرف كيف يمكننا مساعدتك.

Romanian

Dacă vorbiți română, serviciile gratuite de asistență lingvistică și ajutoarele auxiliare adecvate sunt disponibile pentru dumneavoastră. Informați-ne cum vă putem fi de ajutor.

Thai

ถ้าคุณพูดภาษาไทย มีบริการช่วยเหลือด้านภาษาฟรี รวมถึงความช่วยเหลือและบริการเสริมที่เหมาะสมแก่คุณ แจ้งให้เราทราบที่เราสามารถช่วยได้อย่างไร

German

Wenn Sie Deutsch sprechen, stehen Ihnen kostenlose Sprachassistenzen und geeignete Hilfsmittel und Dienstleistungen zur Verfügung. Teilen Sie uns mit, wie wir helfen können.

Persian

اگر به زبان فارسی صحبت می کنید، خدمات رایگان زبانی و وسایل و خدمات کمی مناسب در دسترس شما هستند. به ما اطلاع دهید که چگونه می توانیم کمکتان کنیم.

Somali

Haddii aad ku hadasho Soomaali, adeegyada kaalmada luqadda bilaashka ah iyo kaalmooyinka iyo adeegyada ku habboon ayaa diyaar kuu ah. Nala soo socodsii sida aan u caawin karno.

French

Si vous parlez français, des services d'assistance linguistique gratuits et des aides et services auxiliaires appropriés sont à votre disposition. Dites-nous comment nous pouvons vous aider.

Khmer

ប្រសិនបើអ្នកនិយាយភាសាខ្មែរ សេវាជំនួយភាសាខ្មែរដោយឥតគិតថ្លៃ និងឧបករណ៍ជំនួយនិងសេវាជំនួយសមស្រប មានសម្រាប់អ្នក។ សូមអនុញ្ញាតឱ្យយើងដឹងថា យើងអាចជួយអ្នកបានដោយរបៀបណា។