



ESOPHAGEAL MANOMETRY STUDY

Esophageal manometry is a procedure which measures the strength and function of the muscles in your esophagus (the 'food pipe'). These muscles work to push food and liquid from the mouth down into the stomach.

For this procedure, a flexible plastic catheter is passed through nostril, down the back of the throat, and into the esophagus as you swallow. With further swallowing, the tube is then passed down into your stomach.

Multiple swallows are tested to allow measurement of the entire esophagus. Pressure recordings are made throughout the study. The tube is then withdrawn. This takes approximately 45 minutes.

Patients can usually resume regular activity, eating, and medicines immediately after the test.

BEGINNING THE DAY OF YOUR TEST:

1. Nothing to eat or drink beginning **6 hours before** your test.
2. Please do not wear facial make-up on the day of your study. Eye make-up is ok to wear.
3. Please remove all facial jewelry immediately prior to testing, earrings are OK to leave in.

A reading physician will interpret the data of your study, which may take approximately 2-4 weeks. Your referring provider will discuss the results with you.

ADDITIONAL INSTRUCTIONS:

- If you are a **DIABETIC**, please be sure to obtain additional instructions.

CANCELLATIONS AND RESCHEDULING:

If you need to cancel or reschedule your appointment, please contact the clinic at least 48 hours before your appointment.

If you arrive late or if you cancel your appointment less than 48 hours before your visit, you may be charged a fee of \$100.