



## 24 HOUR pH IMPEDANCE STUDY WHILE OFF PPI

**Esophageal pH Impedance** is a test used to measure the amount of acid refluxing from your stomach into the esophagus (the 'food pipe').

For this procedure, a thin catheter is passed into one nostril, down the back of the throat, and into the esophagus as you swallow. The other end of the small catheter comes out of the nose and is connected to a small battery-powered recorder that is worn on a strap over the shoulder. You will be sent home with the catheter and recorder in place. During the 24 hours that the catheter is in place, you can go about your usual activities, for example, eating, sleeping, and working. **You will return the next day to have the catheter removed.**

### INSTRUCTIONS:

#### **Beginning 7 days prior to your test:**

1. Discontinue Proton Pump inhibitor medications (*Prilosec-omeprazole*, *Zegerid-omeprazole/sodium bicarbonate*, *Prevacid-lansoprazole*, *Aciphex-rabeprazole*, *Protonix-pantoprazole*, *Nexium-esomeprazole*, *Dexilant-dexlansoprazole*).

#### **Beginning 2 days prior to your test:**

1. Discontinue Histamine Blocker medications (*Axid-nizatidine*, *Pepcid-famotidine*, *Tagamet-cimetidine*, *Zantac-ranitidine*).

#### **Beginning 1 day prior to your test:**

1. Discontinue Tums, Maalox, or other over the counter antacids.

#### **Beginning the day of your test:**

1. Nothing to eat or drink beginning **6 hours before** your test.
2. Please do not wear facial make-up on the day of your study. Eye make-up is ok to wear.
3. Please remove all facial jewelry immediately prior to testing, earrings are OK to leave in.
4. For your comfort, we recommend wearing loose fitting clothing that fastens in the front.
5. Please do not bathe or shower during the 24-hour testing period.
6. You will return the next day to have the catheter removed.

A reading physician will interpret the data of your study, which may take approximately 2-4 weeks. Your referring provider will discuss the results with you.

### ADDITIONAL INSTRUCTIONS:

- If you are a DIABETIC, please be sure to obtain additional instructions.

### CANCELLATIONS AND RESCHEDULING:

If you need to cancel or reschedule your appointment, please contact the clinic at least 48 hours before your appointment.

If you arrive late or if you cancel your appointment less than 48 hours before your visit, you may be charged a fee of \$100.



# Notice of Availability

If you speak another language, free language assistance services and appropriate auxiliary aids and services are available to you. Let us know how we can help.

## Spanish

Si usted habla español, hay disponibles para usted servicios gratuitos de asistencia de idiomas y dispositivos y servicios auxiliares adecuados. Infórmenos cómo podemos ayudarlo.

## Vietnamese

Nếu quý vị nói Tiếng Việt, chúng tôi có sẵn dịch vụ hỗ trợ ngôn ngữ miễn phí cũng như các phương tiện và dịch vụ hỗ trợ phù hợp dành cho quý vị. Xin hãy cho chúng tôi biết cách chúng tôi có thể trợ giúp cho quý vị.

## Chinese

如果您说 中文，我们可提供免费的语言帮助，以及适当的辅助援助和服务。请告知我们，您需要什么样的帮助。

## Russian

Если вы говорите на русском, мы можем предоставить бесплатно помощь на вашем языке, а также и соответствующие вспомогательные средства и услуги. Сообщите нам, как мы можем помочь.

## Korean

한국어를 구사하시는 경우 무료 언어 지원 서비스와 적절한 보조 도구 및 서비스를 이용할 수 있습니다. 어떻게 도와드릴 수 있는 지 알려주세요.

## Ukrainian

Якщо ви розмовляєте цією мовою: українська, то можете отримати безкоштовну допомогу й послуги, зокрема мовні. Повідомте нам, чим ми можемо допомогти.

## Japanese

日本語を話される方は、無料の言語支援サービスや適切な補助器具やサービスをご利用いただけます。私たちがどのようにお手伝いできるかお知らせください。

## Arabic

إذا كنت تتحدث [العربية]، فستتوفر لك الخدمات المجانية بشأن المساعدة اللغوية مع المعونات الملائمة والخدمات المساعدة. دعنا نعرف كيف يمكننا مساعدتك.

## Romanian

Dacă vorbiți română, serviciile gratuite de asistență lingvistică și ajutoarele auxiliare adecvate sunt disponibile pentru dumneavoastră. Informați-ne cum vă putem fi de ajutor.

## Thai

ถ้าคุณพูดภาษาไทย มีบริการช่วยเหลือด้านภาษาฟรี รวมถึงความช่วยเหลือและบริการเสริมที่เหมาะสมแก่คุณ แจ้งให้เราทราบว่าเราสามารถช่วยได้อย่างไร

## German

Wenn Sie Deutsch sprechen, stehen Ihnen kostenlose Sprachassistenzen und geeignete Hilfsmittel und Dienstleistungen zur Verfügung. Teilen Sie uns mit, wie wir helfen können.

## Persian

اگر به زبان فارسی صحبت می کنید، خدمات رایگان زبانی و وسایل و خدمات کمی مناسب در دسترس شما هستند. به ما اطلاع دهید که چگونه می توانیم کمکتان کنیم.

## Somali

Haddii aad ku hadasho Soomaali, adeegyada kaalmada luqadda bilaashka ah iyo kaalmooyinka iyo adeegyada ku habboon ayaa diyaar kuu ah. Nala soo socodsii sida aan u caawin karno.

## French

Si vous parlez français, des services d'assistance linguistique gratuits et des aides et services auxiliaires appropriés sont à votre disposition. Dites-nous comment nous pouvons vous aider.

## Khmer

ប្រសិនបើអ្នកនិយាយភាសាខ្មែរ សេវាជំនួយភាសាខ្មែរដោយឥតគិតថ្លៃ និងឧបករណ៍ជំនួយនិងសេវាជំនួយសមស្រប មានសម្រាប់អ្នក។ សូមអនុញ្ញាតឱ្យយើងដឹងថា តើយើងអាចជួយអ្នកបានដោយរបៀបណា។