

**Additional Information for Upper Endoscopy**

(Esophagogastroduodenoscopy, Endoscopic Ultrasound, & Endoscopic Retrograde Cholangiopancreatography)

- If there are any changes to your medical history or medications, or you have recently been in the hospital or emergency department, please contact the clinic prior to coming in for your procedure.
- Your upper endoscopy will take approximately 10-15 minutes. Expect to be at the Ambulatory Surgery Center for 1 ½ -2 hours. If your procedure is at the hospital, expect about 3 hours from check-in to discharge.
- Please call the clinic if you are having any symptoms of illness such as fever, cough, shortness of breath, chest pain, confusion, new loss of taste or smell, runny nose, congestion, nausea, or vomiting. We may need to reschedule your procedure until after your symptoms have resolved.
- It is important to stay well hydrated while preparing for your procedure. Good hydration helps facilitate IV access and prevent nausea and vomiting. However, make sure you do not drink anything after the cut off time on your instructions.
- Pregnancy testing is required for all patients capable of bearing children aged 18-50 and will be completed on the day of your procedure after your arrival. This requirement excludes patients who have undergone a hysterectomy, have not had a menstrual cycle within the past year, are currently pregnant, or have delivered a baby within 7 days.
- After you arrive at the clinic and check in, your nurse will greet you, show you to your bay and have you change into a gown. For upper endoscopies you will only be asked to remove the top half of your clothing; pants and shoes may remain on. The nurse will complete a physical assessment and prepare you for your procedure. Your anesthesia provider will discuss sedation and have you sign a consent.
- Once in the procedure room, your team will make sure you are comfortable. Your physician will answer any questions you may have and have you sign a consent. The anesthesia provider will give you medication to help you fall asleep.
- Your physician will speak with you briefly after your procedure to discuss findings. You will be given discharge instructions. If you have further questions about your care, please make a clinic appointment to discuss next steps.
- When ready, you will be allowed to go home. Your physician will inform you of any dietary restrictions at the time of your discharge. We recommend you keep water and a snack in your car to have after your procedure.