

Post Biopsy Wound Care

After your procedure:

Remove bandage first thing in the morning and begin wound care as follows:

1. Clean area gently with soap and water (you may shower/bathe normally), and pat dry.
2. Apply petrolatum ointment to the wound with a cotton swab (Q-tip).
3. Avoid Neosporin, Polysporin, triple antibiotic ointment, hydrogen peroxide, and rubbing alcohol to prevent an allergic reaction or irritation of the wound.
4. Cover the wound with a band-aid or nonstick gauze pad and paper tape.
5. Repeat wound care once a day until the wound is completely healed.

Bleeding:

1. Leave bandage in place.
2. Use rolled up gauze or a clean cloth to apply direct pressure over the bandage for 20 minutes. Do not release.
3. Call the office if the pressure fails to stop the bleeding.

Pain:

1. Post-operative pain should slowly get better, never worse.
2. A severe increase in pain may indicate a problem. Call the office if this occurs.

Call the office if:

1. You are having bleeding that is not stopping with direct pressure after 20 minutes.
2. You are having increased pain that is not relieved with Tylenol. Pain after 48 hours is not expected.
3. The wound appears to be getting worse instead of getting better each day (increased pain, swelling, warm to touch). Some increased redness and itching is normal as long as it is not tender.

How to reach us: call (503) 223-3104, ext 1809. For after hour emergencies only, such as uncontrolled bleeding, please call (503) 208-8127.