



## PRE-PROCEDURE INSTRUCTIONS FOR PACEMAKER/ICD IMPLANTS

- **NPO:** Please do not eat or drink anything other than water, after midnight (or at least 8 full hours)
  - **If on Blood thinners (warfarin, Xarelto, Eliquis, Pradaxa):** Unless instructed differently by your doctor--
  - For new implants- hold it for 3 days before procedure,
  - For "battery change outs"- just hold the day of the procedure.
- **Diuretics:** (Furosemide (Lasix), Hydrochlorothiazide (HCTZ), Torsemide (Demadex), Spironolactone (Aldactone), hold the morning of the procedure
- **Insulin:** ½ dose insulin the night prior to the procedure, no insulin morning of the procedure.
- **Diabetic Medications:** Please hold your diabetic medication the night prior or morning of the procedure.
- **Length of Stay:** You will probably be in the hospital for 4-5 hours. You may even need to spend the night at the hospital and might consider packing an overnight bag.
- **You will need a ride home.**

If you have any further questions, please give us a call at **(503)692-0405**

Thank you! TOC Cardiology Procedure Scheduling