



PRE-PROCEDURE INSTRUCTIONS FOR LOOP RECORDER

- **NPO:** Please do not eat or drink anything other than water after midnight (or at least 8 full hours)
- **If on Blood thinners (warfarin, Xarelto, Eliquis, Pradaxa):** continue as usual and no need to hold.
- **If on Aspirin or Plavix or Effient or Brilinta:** continue as usual and no need to hold.
- **Diuretics:** (Furosemide (Lasix), Hydrochlorothiazide (HCTZ), Torsemide (Demadex), Spironolactone (Aldactone), hold the morning of the procedure
- **Insulin:** ½ dose insulin the night prior to the procedure, no insulin morning of the procedure.
- **Diabetic Medications:** Please hold your diabetic medication the night prior or morning of the procedure.
- **Length of Stay:** You expect to be at the clinic for about 30 minutes from check in to check out
- **You may need a ride home.**

If you have any further questions, please give us a call at **(503)692-0405**

Thank you! TOC Cardiology Procedure Scheduling