



## PRE-PROCEDURE INSTRUCTIONS FOR CATHETERIZATION/STENT

- **NPO:** Please do not eat or drink anything other than water after midnight (or at least 8 full hours)
- **If on Blood thinners (such as- warfarin, Xarelto, Eliquis, Pradaxa):** Hold for 3 days before procedure, unless instructed differently by your doctor.
- **If on Aspirin or Plavix or Effient or Brilinta-** no need to hold.
- **Diuretics:** (Furosemide (Lasix), Hydrochlorothiazide (HCTZ), Torsemide (Demadex), Spironolactone (Aldactone), hold the morning of the procedure
- **Insulin:** ½ dose insulin the night prior to the procedure, no insulin morning of the procedure.
- **Diabetic Medications:** Please hold your diabetic medication the night prior or morning of the procedure.
- **Length of Stay:** You will probably be in the hospital for 5-6 hours. You may even need to spend the night at the hospital (if stent is needed) and might want to consider packing an overnight bag.
- **You will need a ride home.**

If you have any further questions, please give us a call at **(503) 692-0405**

Thank you! TOC Cardiology Procedure Scheduling