



PRE-PROCEDURE INSTRUCTIONS FOR CARDIOVERSION

- **NPO:** Please do not eat or drink anything other than water after midnight (or at least 8 full hours)
- **Blood thinners:** Please **DO NOT** stop your blood thinner at any time unless instructed by your provider.
- **Other heart medications:** If you are on metoprolol or diltiazem or digoxin, please hold it the morning of the procedure.
- **Insulin:** ½ dose insulin the night prior to the procedure, no insulin morning of the procedure.
- **Diabetic Medications:** Please hold your diabetic medication the night prior or morning of the procedure.
- **Length of Stay:** You will probably be in the hospital for 3-4 hours.
- **You will need a ride home, because you will be getting sedation for the procedure.**

If you have any further questions, please give us a call at **(503) 692-0405**

Thank you! TOC Cardiology Procedure Scheduling