



SPECIALTY MEDICINE,
EXCEPTIONAL CARE

FAQs (Endoscopy Procedure)

What do I need to do to prepare for the procedure?

- We will provide you with detailed instructions. Please read through all pages at least a week before the procedure, BECAUSE you may need to stop taking certain medications. If you have any questions, please call our office during business hours, and our staff will assist you.
- If you are having a colonoscopy - please read the handout "HELPFUL TIPS FOR PREPARING FOR A COLONOSCOPY". We have included tips to help you with the prep process. DO NOT CHUG THE PREP!!! Drinking the prep too fast can cause nausea and/or vomiting. If this occurs, take a 30-60 minute break and drink at a slower pace.

Why do I need to check in one hour prior to my scheduled procedure?

- In order to ensure that your procedure is safe and meaningful we need to have the most up-to-date information regarding your health history and how well you have prepped. You will complete your paperwork and then a nurse will review your health history, update your medication list, do a physical assessment, and establish IV access, all of which takes time. In most cases the admit process is completed within 30-40 minutes, but at times it may take a little longer. We want to ensure that we have enough time set aside to ensure your safety and well-being.

Why do I need to wait for my doctor after the procedure is completed?

- We want you to have enough time to recover from the sedation before the doctor comes to talk with you and your driver, so the doctor will be performing another procedure during your recovery. This ensures you will be fully awake and comfortable when the doctor talks to you about your procedure during discharge. You may have to wait 10-15 minutes, but we will keep you informed of any delays.

How long should I expect to spend with my doctor face-to-face after the procedure?

During discharge, you will have an opportunity to review the specific findings and pictures from the procedure with your doctor before going home. Further treatment plans can be addressed after any pathology results return and/or in a follow-up office visit where more time will be available.