



NUTRITION *for the* GASTROENTEROLOGY PATIENT

What will your GI Dietitian do?

- Your dietitian works closely with your physician and other members of your medical team regarding your plan of care, goals, and progress.
- At each session, your dietitian will:
 - Address your medical and nutrition history
 - Discuss your eating and nutrition habits and behaviors
 - Provide education for improving and/or maintaining nutrition practices to help meet your health care goals.
 - Develop a set of personalized goals. These goals take into account lifestyle, previous nutrition background and eating habits, financial concerns, readiness for change, and your own priorities.
- In order to help maintain nutrition progress, your dietitian may encourage a return appointment. During this appointment, previous goals are reviewed and revised, new goals are established, and ongoing education is provided. These follow-up consults provide support while encouraging gradual change in your lifestyle that increases your long-term success.

How do I schedule with the GI Dietitian?

- Your provider will advise you to make an appointment for dietary counseling.
- Our scheduling team will then contact you by phone to arrange an appointment at your convenience once your insurance benefits have been verified.

Will my Insurance cover my visit?

- Insurance coverage varies by carrier. We encourage you to contact your insurance company directly with benefit-related questions. You will need to ask them about "Nutritional Counseling Benefits" and provide this code to the associate: 97802.
- If you would like to request assistance in reviewing your nutritional counseling benefit, you may do so by calling (503) 517-9659. Our financial counselors can only provide you with an estimate of your cost. This is not a guarantee of the final amount due.

What do I do if I have to cancel or change an appointment time?

- If you are unable to keep your scheduled office visit appointment, you must notify us 1 business day prior to your scheduled office visit time. You may be charged a \$50 no show/cancellation/reschedule fee for insufficient notice for office visits.
- The phone number to call for appointments or cancellations:
 - The Oregon Clinic, Gastroenterology – West: 503.297.8081
 - The Oregon Clinic, Gastroenterology – East: 503.963.2784
 - The Oregon Clinic, Gastroenterology – South: 503.692.3750