

What will your GI Dietitian do?

- Your dietitian works closely with your physician and other members of your medical team regarding your plan of care, goals, and progress.
- At each session, your dietitian will:
 - Address your medical and nutrition history
 - Discuss your eating and nutrition habits and behaviors
 - Provide education for improving and/or maintaining nutrition practices to help meet your health care goals.
 - Develop a set of personalized goals. These goals take into account lifestyle, previous nutrition background and eating habits, financial concerns, readiness for change, and your own priorities.
- In order to help maintain nutrition progress, your dietitian may encourage a return appointment. During this appointment, previous goals are reviewed, and revised, new goals are established, and ongoing education is provided. These follow-up visits provide support while encouraging gradual change in your lifestyle that increases your long-term success.

How do I schedule with the GI Dietitian?

- If you would like to make an appointment with the dietitian, please talk to your gastroenterology provider at your next appointment.

Will my insurance cover my visit?

- Insurance coverage varies by carrier. We encourage you to contact your insurance company directly with benefit-related questions. You will need to ask them about “Nutritional Counseling Benefits” and provide this code to the associate: 97802
- If you would like to request assistance in reviewing your nutritional counseling benefit, please contact our office and ask to speak with our financial counselor. Our financial counselor can only provide you with an estimate of your cost. This is not a guarantee of the final amount due.

What do I do if I have to cancel or change an appointment time?

- If you need to cancel or reschedule your office visit, you must notify us at least one (1) business day prior to your office visit time. Insufficient notice may result in a \$50 no show or cancellation fee.
- The phone number to call for appointments or cancellations:
 - The Oregon Clinic, Gastroenterology – East: 503-963-2707
 - The Oregon Clinic, Gastroenterology – South: 503-692-3750
 - The Oregon Clinic, Gastroenterology – West: 503-297-8081