

Coronavirus: Taking Care of Our Community

As healthcare providers, we at The Oregon Clinic put the wellbeing of our patients and our staff first. We know you are concerned about the Coronavirus (COVID-19), especially with cases reported in Oregon and Washington and with the closures of schools and events.

We want to take some time to share our efforts to reduce the potential for exposure at our clinics and help keep our patients, staff and community healthy.

What Are We Doing?

We are following the Centers for Disease Control (CDC) guidelines and taking extra precautions to help prevent the spread of the virus:

- We are screening all of our patients for risk of Coronavirus and are asking patients who have symptoms and possible exposure to reschedule their visits 14-days out.
- We have increased our cleaning measures and are frequently disinfecting exam rooms, workstations and high-touch surfaces and objects within our facilities.
- All sick employees are asked to stay home.
- Employees are instructed to practice good hygiene and etiquette by washing hands frequently, using alcohol-based hand sanitizer, avoiding unnecessary physical contact, and covering their mouths and noses with a tissue or their elbow for coughing and sneezing.

What Can You Do?

- If you feel sick, cancel your appointment. Appointments will be rescheduled and there will be no penalties for late cancellations.
- Don't bring family and friends to your appointment unless necessary.
- Keep social distancing in mind when in the waiting room – sit at least 3 feet away from other people.
- Stay home if you are sick or have flu-like symptoms (fever, cough, shortness of breath).
- Wash your hands frequently.
- Take extra precautions to reduce the likelihood of exposure, if you are at a [higher risk](#) of serious illness from COVID-19.

Can I Get Tested for COVID-19 at The Oregon Clinic?

We are not currently able to offer testing at our facilities. For the latest information on the virus, including information on testing and how to get treatment, visit the [CDC website](#). For updates on the situation in Oregon, please visit the [Oregon Health Authority website](#).

We will continue to keep you fully informed as the situation evolves or further precautions are issued by government officials.

Thank you for your continued trust in The Oregon Clinic.

Richard Jamison, MD
President
The Oregon Clinic
