

COLON CANCER: **THE NO. 2** CANCER KILLER

The most common symptom of colon cancer is having **no symptoms** at all.

That's why The Oregon Clinic made it their mission to knock out any sign of disease before it causes trouble. Our gastroenterologists work to beat cancer thanks to one simple procedure—a colonoscopy—the gold standard in colon cancer screening.

Receive the **quality of care** and peace of mind only our gastroenterologists can offer. **Schedule your colonoscopy** at The Oregon Clinic.



COLON
CANCER
STRIKES
1 in 20

RISK FACTORS

MEDICAL HISTORY

If you or a family member has a **history** of colon cancer, your risk is increased.

AGE

More than 90% of individuals diagnosed with colon cancer are **age fifty years** or older.

DIET

A diet high in **red meats, processed meats, & fats** may all be linked to colon cancer.

LIFE-STYLE

Smoking, lack of exercise, and excess body weight **increase your risk** for colon cancer.

WHEN DIAGNOSED EARLY,
THE 5-YEAR SURVIVAL RATE IS 90%.

SCREENING COLONOSCOPIES WORK.

TAKE THE FIRST STEP

Schedule your appointment.

(503) 444-8489
oregonclinic.com/colon

The Oregon Clinic
Gastroenterology
50+ Providers.
Eight locations.

